# Parents and Friends of Ludeman Center

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## **NEWSLETTER**

**FALL, 2015** 

PFLC FALL GENERAL MEETING SUNDAY, OCTOBER 25, 2015

ELISABETH LUDEMAN DEVELOPMENTAL CENTER
114 ORCHARD DRIVE, BUILDING 64
PARK FOREST, IL. 60466

REFRESHMENTS: 1:30 P.M. MEETING: 2:00 P.M.

# **AGENDA**

JOHN HALEY, PFLC PRESIDENT
GLENDA CORBETT, LUDEMAN DIRECTOR
SouthSTAR Services
Southwest Community Services, Inc

WELCOME
LUDEMAN UPDATE
DAY TRAINING PROVIDER
DAY TRAINING PROVIDER



The Parents and Friends of Ludeman Center mission is to advocate for the rights of all the residents of Elisabeth Ludeman Center. We will work with the center to provide quality of life enhancement for individuals with disabilities, and to act as a support organization for the family members and friends of the residents. We are an all-volunteer organization.

#### PFLC Board of Directors - Officers

President John Haley
Vice President Fred Flynn
Treasurer Gayle Cooley
Recording Secretary Angie Kaskey
Corresponding Secretary/Web Master Sarah Ross

# Glenda Corbett, Ludeman Center Director - News and Updates STATUS OF SURVEYS AND INSPECTIONS

The Illinois Department of Public Health (IDPH) and Life Safety conducted their annual survey from June 2 – June 16, 2015. There were 19 Standard Tags cited. IDPH also responded to an incident on June 17th and 18th which resulted in 2 Standard Tags. IDPH arrived at the Center on 8/25/15 and exited on 9/8/15. The Center was cited with 6 standard level tags and 1 Condition of Participation. A plan of correction was written and in-service training has been completed for all Standard Tags for the June Survey's. The Life Safety Tags have all been corrected. The POC for the August survey has been submitted. IDPH is expected within 45 days of exit.

#### FISCAL YEAR 2015-2016 BUDGET

We have completed the re-balancing of employee schedules as of September 1, 2015. August 2015 OT numbers are below budget at 9.88%. We anticipate that the re-balancing should produce a 7% Overtime target by mid-September.

#### **OTHER INFORMATION**

**The Windows/Doors/Blinds/Roofing Project update**: The equipment and supplies have been delivered. All signatures were received we are now awaiting the start date to commence the work. The first roof replacement will be on Unit 3, House 46.

**Home Visit Medication requests:** All Unit Directors have been informed of the need for compliance for all home visit medication requests. If you experience any issues, contact Cynthia Dear at 708-283-3055. **New Garden Planter Boxes:** Come to Ludeman for a visit and experience the beautiful grounds and the new garden planter boxes.

**Road/Parking Lot Potholes:** Funds have been provided to fill in the potholes; it is a temporary fix, but has helped with our transportation.

**New Technicians:** A new Technician Select class started August 27, 2015.

# **Guest Speaker: SouthSTAR Services - Day Training Provider**

#### **Our Mission**

Every day, we renew our commitment to providing choices and opportunities for persons with developmental disabilities, which enrich their lives and maximize independence in their pursuit of vocation, community living and social integration.

Our workshop offers a structured environment where workers are organized into production lines based upon each individual's physical and intellectual strengths. There, consumers have the opportunity to learn critical "hard skills" such as sorting, packaging, heat sealing, power washing, and electronics recycling, as well as essential "soft skills" like effective communication, time management, taking personal responsibility, and working collaboratively.

# Guest Speaker: Southwest Community Services, Inc. - Day Training Provider Our Mission

To provide services that empower individuals with diverse disabilities to maximize their development and independence.

Since its beginning in 1971, Southwest Community Services, Inc. has always provided for the social, vocational and emotional well being of its consumers encompassing individuals with developmental, mental and physical disabilities.

**Talents, Abilities and Possibilities Program:** TAP is an active day program for adults with severe/profound developmental disabilities that are not medically challenged. Services are centered around the person's interests and need areas which encourage each person's talents, abilities and possibilities through an array of programs.

**Opportunities Unlimited Program:** To provide an array of services which meet the needs and interests of individuals with developmental disabilities who require a greater level of support in the areas of functional life skills, vocational skills and social skills

# 2015 VOR Washington, D.C. Conference – By PFLC Board Member Paul Keipert

Paul Keipert, one of our PFLC Board Members, attended the VOR Conference in Washington, D.C. in June. Paul contacted all 20 Illinois Legislators, and was successful in meeting with 19 offices. This year, VOR requested support of an updated Americans with Disabilities Act and the Olmstead Supreme Court Decision. Paul's conversations included disallowing the use of Federal funds for "forced deinstitutionalization" activities included in various appropriation bills, that is in direct violation of the Supreme Court Olmstead decision. Requests were made to put a hold on the CMS definition of "community" homes that limit the population to less than four residents per home until a full study is completed on the impacts to the Intellectually Disabled community.

Paul also offered an invitation for U.S. Representatives Robin Kelly and Tammy Duckworth to come to the Elisabeth Ludeman Developmental Center for a tour, especially since this is the 25<sup>th</sup> anniversary of the Americans with Disabilities Act. The invitation was well-received by their Legislative Aides.

## Illinois Statewide Special Olympics – By PFLC Board Member Pamela Hill

On June 12 through June 14, 2015, the Special Olympics Illinois Summer Games were held at Illinois State University in Bloomington/Normal for the Intellectually Disabled. There were 6 participants from Ludeman. They all stayed in the University dormitories from Friday through Sunday. They brought their own pillows, blankets, and suitcases. The Ludeman staff was very attentive to our Ludeman residents; a special shout out to Steve B. who was the 'A.T. Go-To' person and bus driver. They used the bus PFLC donated since it is air conditioned and comfortable. I went to this event on Saturday to watch the Olympians as my sister Kathy was a participant. There were so many Olympians from the State of Illinois that they closed down the main street and used it for entertainment. There was a dance with a DJ on Saturday evening that was decorated similar to a 'Homecoming Dance'. It was a wonderful experience and a great event!

# **PFLC FUNDRAISING EVENTS**

# 2015 Annual Pflc Nut Sale

# SUNDAY, OCTOBER 25, 2015

# OFFICIALLY BEGINS AT 1:00 PM BEFORE THE GENERAL MEETING

The Annual Holiday Nut Sale is easily Parents and Friends biggest fundraising effort of the year. The great thing about our fundraiser is that <u>all</u> the money raised will be used to enhance the quality of life for all the Ludeman residents and to advocate on their behalf.

Our 2015 'It's Nuts! Buy a Case, Sell a Case' Kick-Off event will take place at our General Meeting on October 25<sup>th</sup>. Our goal is for everyone to try and purchase at least one case of Nuts. You can give them as gifts or sell them to your family, old friends, new friends, co-workers, or members of your congregation. It's a great way to inform those in your life about the Ludeman Center and the good work PFLC does.

We really want to beat last year's profit of \$5,125.71 from our 2014 Nut Sale. So please make every effort to include a generous nut purchase in your budget for this year. Look forward to seeing you at the General Meeting on October 25<sup>th</sup> and getting our fundraiser off to a rousing start.

Many Thanks, Nut Sale Drive Co-Chairs John Haley & Fred Flynn

## The prices per box are as follows:

Cashews	\$14.00
<b>Deluxe Mixed Nuts</b>	\$13.00
<b>Chocolate Covered Mixed Nuts</b>	\$14.00
Frosted Pretzels	\$ 7.00
Holiday Sampler*	\$10.00
Chocolate Bridge Mix**	\$10.00

<sup>\*</sup> Holiday Sampler is a divided box consisting of frosted pretzels, chocolate covered almonds, Peppermint bark, & Georgia Nut's version of M&M's.

All products can be purchased individually or as cases (12 boxes to a case). Most importantly, all funds raised will be used to advocate for and enhance the quality of life for all people living at Ludeman. Please bring your checkbooks and participate.

<sup>\*\*</sup>Chocolate Bridge Mix is a delicious mix of chocolate covered peanuts, raisins & almonds, plus dark chocolate covered vanilla crèmes and malted milk balls.

#### **2015 FALL FUN FEST**

On September 19, 2015 the Fall Fun Fest was held at the Ludeman Center. Even though we had quite a bit of rain in the morning, the Fall Fun Fest was another great PLFC sponsored event for the residents. The residents enjoyed the horse-drawn wagon rides, the music provided by the Nite Lites, and Sunshine the Clown. The treats were in abundance too – popcorn, pop, and ice cream.

We cannot say this often enough: If it wasn't for the financial donations, PFLC volunteers, and the great Ludeman staff we would be hard pressed to put on such a successful event.

We had a Special Guest appearance from State Representative Anthony DeLuca, District 80. The Ludeman Center is in Representative DeLuca's district. Representative DeLuca was truly impressed by the Ludeman Center and the PFLC Volunteers. Representative DeLuca was able to see for himself the critical role Ludeman plays in the well-being of the residents and the services provided by the staff.

#### Thank you Representative DeLuca for attending our PFLC Fall Fun Fest!

#### The following volunteers deserve a 'Pat On The Back'!

John Haley	Mary Haley	Paul Keipert	Bob Cooley	Gayle Cooley
Angie Kaskey	Jan McFadden	Neil Sullivan	Angie Kaskey	Rita Doyle
Kim Whalen	Pat Whalen	Denise Whalen	Pam Hill	Sarah Ross
Frank Rossi	Marty Shekleton	Tim Shekleton	Mike Shekleton	Alesia Knight
Disan Tilton	Mike Thiem	Bamboo Sotzman	April Stokes	Tim Skorupa
Searcy Smith	Angelie Hill	Gia Hill	Lauren Ross	Nina Ross

#### THANK YOU TO OUR VOLUNTEERS

#### 2015 TOOTSIE ROLL DRIVE – 12 Volunteers Representing PFLC!

The annual Tootsie Roll Drive is sponsored and managed by the Knights of Columbus. PFLC Members, Family, and Friends volunteer to collect monetary donations and distribute Tootsie Rolls for the benefit of the Intellectually Disabled Community.

#### The 2015 Drive Volunteers are:

Alexis Pride – Chairwoman		Fred Flynn – Chairman		
Gayle Cooley	John Haley	Angie Kaskey	<b>Uyles Myles</b>	
Louann Patellaro	Sarah Ross	Neil Sullivan	Sheila Threlkeld	
Shirley Walters-Toliver	Denise Whalen			

Based on the number of PFLC volunteers, the local Knights of Columbus Council donates a percentage of the collection back to PFLC. Our 2014 Drive Volunteers brought in \$1,199.45 that was presented to PFLC for our efforts from the Knights of Columbus.

#### THANK YOU TO OUR VOLUNTEERS AND THE KNIGHTS OF COLUMBUS!!

### **DID YOU KNOW?**

## Website News – www.ludemanpflc.org

**Amazon Smile Update** – To date, we have received \$70.71 from the Amazon Smile Program. Go to our website, and click on the Amazon Smile "Get Started" button to have a portion of your purchase donated to PFLC! It's easy, and does not add additional charges to your order total.

**Visitors from Near and Far** – In 2014, there were 3,855 website visits and in 2015 there are 2,476 visits to our website – a total of 6,331 visits since we launched our website in 2014!

**Followers** – Want to be "In the Know"? We have 13 followers on our website. Sign up to receive PFLC Updates! It's easy – go to the website, and in the lower right corner click on "Follow" and enter your email address. You'll get updates on new postings to the website.

**Nut Sale** – The annual Nut Sale, our primary fundraiser, kicks off at our General Meeting, October 25<sup>th</sup>. Pricing information and forms are available on our website.

#### MATCHING GIFT PROGRAM

Do you, or a friend, or a family member work for an organization that supports a Matching Gift Program? Include the Parents and Friends of Ludeman Center as your Matching Gift! Typically, Matching Gift Programs will match your donation – think of it....double the donation to PFLC! Contact us by sending us an Email at Ludeman.PFLC@gmail.com. We'll be happy to give you the details.

#### **DONATIONS**

Donations are still needed to fund the various activities PFLC sponsors for the enjoyment of the residents. We also continue to need your financial help for the Protect Our Residents legal fees. Your donations are put to good use. We are here for our residents. We are their voices. A little help from many goes a long way!

# **YOUR MONEY AT WORK – PFLC EXPENDITURES – 2015**

PFLC continues to use your donations for the benefit of residents.	

Spring DJ Dance	\$ 650.00
Summer Gala	\$1,309.78*
Special Olympics Pizza Party	\$ 350.00
Protect Our Residents Legal Fund	\$7,500.00
VOR Convention and Transportation	\$ 820.98
10 Folding Tables	\$ 299.99
Ludeman Swimming Pool Repairs	\$2,850.00
Postage/Printing	\$1,221.94

<sup>\*</sup>Event Cancelled due to inclement weather

### THANK YOU FOR YOUR CONTINUED SUPPORT!

## The Parents and Friends of Ludeman Center is a 501c (3) Non-Profit Organization

All donations are tax deductible. Any and all donations are greatly appreciated. We accept money, time and talent.

#### **CLOTHING BANK**

Since winter will be fast approaching, the Ludeman Center accepts donations of clean, good quality adult-size clothes, coats, boots, shoes, hats, and mittens for the residents. If you have any 'spare' winter clothing items, Ludeman is happy to accept your donation. Ludeman also accepts arts and crafts, music, movies, and WII system games. Contact the Ludeman Center at 708-283-3000 to donate these items for the residents.

#### **Ludeman Gardeners News**

The Ludeman Gardeners (Residents) along with staff support from Cornerstone Services, have been very busy this year! The Ludeman grounds have really spruced up because of the hard work of the Ludeman Gardeners and their support staff.

In July, the Ludeman Gardeners planted several Poinsettia cuttings in preparation for their annual Poinsettia Sale that takes place this November. There will be a limited supply of these plants for sale. The cost is \$10.00 each, and there will be three varieties – Red, Red and White, and White. A pre-order form will be available on our website at the end of September, and also at our General Meeting on October 25<sup>th</sup>.

The Ludeman Gardeners also have another request – if you have gently used hanging basket planters, please donate them to Ludeman. They will be cleaned and re-purposed over the winter by the residents for the Spring, 2016 Flower Sale. You can drop them off at the General Meeting October 25<sup>th</sup>, or at any time at Ludeman. Contact the Cornerstone services staff Paul Smith or Jenice Pierce at 815-508-5953 if you have any questions.

**HELP – WE NEED YOUR SUGGESTIONS!** Look for our PFLC Suggestion Box at the October 25<sup>th</sup> PFLC Fall General Meeting. What topics and speakers would you like to invite to our General Meetings? How can I get involved in PFLC? Do you have family and friends that would like to join PFLC?



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# Hay Rides and Pumpkin Pies - Here Comes Fall!







# **Come Out and Support PLFC Sponsored Events**

October 25<sup>th</sup> PFLC Fall General Meeting – Building 64

Ludeman Center, 114 Orchard Dr., Park Forest, IL

Refreshments 1:30 p.m. Meeting 2:00 p.m.

November 8<sup>th</sup> Fall Disc Jockey Dance for Ludeman Residents

Ludeman Gym – Building 64, 2:30 p.m. – 4:30 p.m.

December Holiday Gala at Silver Lakes Country Club for Ludeman Residents

December Holiday Gala at Ludeman Center for Ludeman Residents