# **Parents and Friends of Ludeman Center**

P.O. Box 754, Park Forest, Illinois 60466

www.ludemanpflc.org Ludeman.PFLC@gmail.com



#### **NEWSLETTER**

**SPRING 2018** 

\*\* **SUNDAY** \*\* APRIL 29, 2018

ELISABETH LUDEMAN DEVELOPMENTAL CENTER 114 ORCHARD DRIVE, BUILDING 64 PARK FOREST, IL 60466

REFRESHMENTS: 1:30 P.M. MEETING: 2:00 P.M.

#### **AGENDA**

JOHN HALEY, PFLC PRESIDENT
GLENDA CORBETT, REGIONAL DIRECTOR, SODCS
CHRISTINE MCGEE, ASSISTANT CENTER DIRECTOR
STEVE DROTTS, ACTIVITY THERAPIST
MIKE SPICKER, CHIEF ENGINEER
LORRAINE BARNES, CTF AGENCY
ERIC EDQUIST, CTF AGENCY
GRAIG GILLIS, NEW STAR AGENCY

WELCOME
REGIONAL UPDATE
LUDEMAN UPDATE
MUSIC THERAPY PROGRAM
MAJOR RENOVATIONS
EMPLOYMENT PROGRAM
RESIDENTIAL PROGRAM
COMMUNITY, RESIDENTIAL
PROGRAMS

The Parents and Friends of Ludeman Center mission is to advocate for the rights of all the residents of Elisabeth Ludeman Center. We will work with the center to provide quality of life enhancement for individuals with disabilities, and to act as a support organization for the family members and friends of the residents. We are an all-volunteer organization.

### Featured Speakers at Our Spring General Meeting

Elisabeth Ludeman Center Updates
Glenda Corbett, Regional Director, SODCs
Christine McGee, Assistant Center Director
Steve Drotts, Activity Therapist
Mike Spicker, Chief Engineer
Lorraine Barnes, Charleston Transitional Facility
Eric Edquist, Charleston Transitional Facility
Graig Gillis, New Star Agency

### News From the Elisabeth Ludeman Developmental Center

#### **STATUS OF SURVEYS AND INSPECTIONS**

IDPH came out on a complaint January 18, 2018 and IDPH is still conducting the survey.

- Roof replacement update: 25 homes have been completed with new roofs. Those homes include: 59, 58, 57, 56, 54, 53, 52, 51, 50, 49, 48, 47, 46, 45, 44, 43, 42, 41, 35, 33, 31, 25, 22, 12, &10.
- Doors & Windows update: Houses 38, 5, 8, 10, 16, 27, 28, 35, 42, 13, 40, 14, 41 & 57 are finished. The entire window and door replacement project was tentatively scheduled to be completed by the end of June 2018, however due to the recent snow storms and poor weather, the project has been pushed out a few weeks.
- We continue our efforts with monthly Open Forums for staff to come voice any issues and/or concerns Center wide. Additionally, we address the suggestions that are put in the suggestion boxes located around campus during this meeting.
- Ludeman Educational Vocational Activities & Services (LEVRAS) (Developmental Training): Elisabeth Ludeman individuals will be able to come to the Clothing Closet to pick out a gift for their birthday.
- Ludeman Educational Vocational Recreational Activities & Services (LEVRAS)
   (Developmental Training): LEVARS Department has started up the Recycling Program.
   The Food Services program has expanded by allowing additional Individuals to perform different tasks throughout the week at Café 64. We are working on the process of starting a Retail Shop selling the items that are made by the individuals during workshop.
- Ludeman held birthday parties in January, February, and March in the gym for those
  individuals that had birthdays in those months. Refreshments were served and there
  was dancing. Every month there will be a party for those individuals who have
  birthdays that given month.
- Elisabeth's Closet: We opened Elisabeth's Closet in February. Gently used clothes/shoes have been donated by our staff for our individuals. Our individuals get an opportunity to come to Elisabeth's closet and select items for free for their birthdays.

- Ludeman Center Basketball: The Stingers played for an opportunity to go down state in the Special Olympics. The team lost the first game and won the second. They finished in 3<sup>rd</sup> place in their division. Go Stingers!
- Ludeman Stinger Aktion Club of Park Forest: resumed their meetings in February. They made posters for the 2018 Winter Olympics.
- Ludeman's Spring Fling was held on March 15, 2018 and was a grand success and the individuals enjoyed the festivities. There will be a fashion show for the individuals, scheduled for some time in April.
- Ludeman Educational Vocational Recreational Activities & Services has identified 15
   Individuals to participate in the Senior Program. Funds have been set aside to start the program. The location still needs to be determined.
- Ludeman has some staff changes to announce: We have hired 2 Residential Services
  Directors, 2 QIDP, 2 Assistant Unit Director's, 1 Dental Hygienist, 2 Executive Secretaries,
  2 Physicians, Unit Director and 6 RN's. We lost 1 full time psychiatrist.
- Overtime is currently at 16.94%. We are continuing our efforts to reduce OT and meet our OT budget goal of 10%.

#### Friendly Reminder from the Parents & Friends of Ludeman Center

When you come to the Center to visit with your family member/special loved one, please be sure to sign in and sign out either at your Neighborhood House, the Main Switchboard, Building 61 or right at the residential house of your loved one. Thank you!

#### 2 IMPORTANT ISSUES TO BE AWARE OF & INVOLVED IN...

#### The Chicago Tribune Watchdog Series – Follow Up Article

In case you haven't seen this article in the January 23, 2018 Chicago Tribune, click on the link below. It was written by Michael J. Berens, the same Pulitzer Prize winning investigative reporter who wrote the excellent 2016 Tribune series, Suffering in Secret. That series of articles investigated problems in Illinois's community group homes for the developmentally disabled (CILAs). In this piece he reports that more than a year later, sadly, often dangerously, these settings continue to lack the appropriate oversight that regularly occurs at Ludeman Center and the other SODC's.

#### chicagotribune.com/watchdog/grouphomes

#### 2017 VOR Washington, D.C. Conference

Paul Keipert, our PFLC Treasurer and Board Member, has volunteered to attend the VOR Conference to represent the PFLC Intellectually Disabled in Washington, D.C. from June 9 – 13th. Paul will be walking the halls of Congress to visit each office of our Illinois Legislators. Thank you, Paul, for devoting your time and talents to this important conference.

VOR Link: <a href="http://www.vor.net/">http://www.vor.net/</a>

# Our 2017 Holiday Nut Sale Wrap-Up

Thanks to all of you for making PFLC's Annual Holiday Nut Sale another success. Each year the Holiday Nut Sale is Parents & Friends' biggest single fundraiser.

The Holiday Nut Sale only works because of everyone's efforts and support - whether you do it by buying nuts at the launch at our Fall General Meeting or you actively work as one of our sellers - or you do both! Thank you again for your fantastic support!

As a result of your efforts, we raised over \$4,200 this year, which is an 8% improvement over our 2016 mark. Please know that <u>every dollar</u> we raised will be used to enhance the quality of life for all the Ludeman residents and to advocate on their behalf.

Over the years, our list of top sellers has gradually grown a little shorter. We encourage everyone who can to step up and add their name to the top sellers list next year! It's a great way to support PFLC and spread the word about the good things happening at the Ludeman Center.

A big thank you to the many of you who put their time and energy into making this year's drive successful.

# **Our Top Sellers**

Haley Family – 36 Cases Paul Keipert – 20 Cases

Shirley Walters Toliver – 16 Cases Neil Sullivan – 8 Cases

Ivory Jordon – 8 Cases Janelle McFadden – 6 Cases

Mark Svenningsen/SPRED – 6 Cases Bob & Gayle Cooley – 6 Cases

#### **DONATIONS**

Donations are still needed to fund the various activities PFLC sponsors for the enjoyment of the residents. We also continue to need your financial help for the Protect Our Residents legal fees. Your donations are put to good use. We are here for our residents. We are their voices. A little help from many goes a long way!

#### THANK YOU FOR YOUR CONTINUED SUPPORT!

Website News - www.ludemanpflc.org

**Amazon Smile Update** – As of February 2018 the Amazon Smile Foundation has contributed \$314.92 to Parents and Friends. Go to our website, and click on the Amazon Smile "Get Started" button to have a portion of your purchase donated to PFLC! It's easy, and does not add additional charges to your order total.

**Visitors from Near and Far** – From October 2017 to March 2018 (6 months) there have been 653 visitors that viewed 1,921 pages on our website!

**Followers** – Want to be "In the Know"? Sign up to receive PFLC Updates! It's easy – go to the website, and in the lower right corner click on "Follow" and enter your e-mail address. You'll get updates on new postings to the website.

#### **DID YOU KNOW?**

## **YOUR MONEY AT WORK – PFLC EXPENDITURES – 2017/2018**

PFLC continues to use your donations for the benefit of residents. 2017 Summer Gala \$1,394.00

2017 Fall Fun Fest \$1,626.00
2017 Christmas Treats \$800.00
2017 Winter DJ Dance \$250.00
2018 Spring Fling Banquet \$2,453.50
2018 Spring DJ Dance \$700.00
Purchased a guitar for residents to use in Music Therapy \$350.00

The Parents and Friends of Ludeman Center is a 501c (3) Non-Profit Organization

All donations are tax deductible. Any and all donations are greatly appreciated. We accept money, time and talent.

#### Spring Fling Dinner and Dance, 2018



The 2nd Spring Fling Dinner and Dance event was held at Silver Lake Country Club in Orland Park, Illinois on March 15, 2018. There were a total of 169 Guests in attendance that included 95 Ludeman Dinner Guests, 44 Direct Care Staff, 11 Parents & Friends, 14 Ludeman Administrators, and 5 Cornerstone Representatives.

Pamela Clay-Wilson was the Master of Ceremonies, Center Director Kelly Richards welcomed the guests and family members, and Sarah Ross spoke on behalf of PFLC. Sarah expressed her thanks on behalf of PFLC for the day-to-day services so many at the Center provide for our loved ones. Dinner was served family style and everyone had such a great time. The entertainment included a DJ, and the Ludeman Guests and Staff danced the night away!

This event could not have been a success without the Activity Department. Many thanks to Zhong Zi Tan and all the Activity Therapists that worked long and hard behind the scenes to make the event a success. The co-ordination effort alone can be overwhelming and involved the whole Center from Administration, Transportation, Medical, Neighborhood Houses, and most of all the House Technicians. Thanks to them the Ludeman dinner guests are dressed in evening attire; men are in suits, ladies are in evening dresses and some ladies even wear heels! The direct staff shops for the clothing and gets the dinner guests ready for an evening of fun. The Transportation involves several busses that can accommodate special needs.

Don't think for a minute that the Ludeman residents that are not able to attend are 'left out'. The Activity Department also held a DJ Dance in the Gym on March 18<sup>th</sup> that provides an Annual Holiday Party on the grounds of the Ludeman Center, too! Pizza, pop, and all sorts of goodies were served to the Dance Party guests.



Refreshments will be served Soda, Pizza, Cookies, Cupcakes, etc.





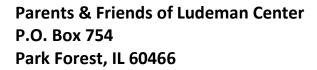


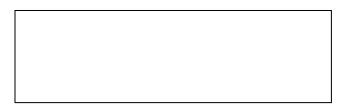




The Parents and Friends of Ludeman Center provides the funds for the Ludeman staff dinners, bus transportation, and the DJ entertainment. We could not do this without your generous donations throughout the year, as well as your support of our Annual Nut Sale.

The Parents and Friends of Ludeman Center thanks the Ludeman Staff for going the extra mile for our family members and friends that reside at Ludeman.





# **Spring Has Sprung – Come Out and Have Some Fun!**







## **Come Out and Support PLFC Sponsored Events**

Spring General Meeting	April 29	1:30 p.m. Refreshments
Ludeman Gym, Bldg. 64		2:00 p.m. Meeting
Spring DJ Dance – Ludeman Gym, Bldg. 64	March 18	2:30 – 4:30 p.m.
Summer Gala – Ludeman Center Grounds	June 9	2:30 – 4:30 p.m.
Fall Fun Fest – Ludeman Center Grounds	Sept. 22	2:30 – 4:30 p.m.
Fall General Meeting	Oct. 21	1:30 p.m. Refreshments
Ludeman Gym, Bldg. 64		2:00 p.m. Meeting
Ludeman Trick or Treat – On Grounds	Oct. 31	4:00 – 4:30 p.m.
Ludeman Trick or Treat – Party! Bldg. 64	Oct. 31	6:00 p.m.
Fall DJ Dance – Ludeman Gym, Bldg. 64	Nov. 11	2:30 – 4:30 p.m.
Holiday Treats - Cupcakes & Ice Cream	Dec. 24	Lunch Time